

| House League - Training Group | | | | | | | | Fees |
|-------------------------------|---------------|----------------|--------|---------|-----------|----------|--|-------|
| Age Group | Times | Location | Monday | Tuesday | Wednesday | Thursday | | |
| | 10:30-11:00am | Riverside Mini | | Coed | | | | |
| U5 | 5:00-5:30pm | Riverside Mini | | Males | | Females | | \$90 |
| | 5:45-6:15pm | Riverside Mini | | Males | | Females | | |
| U7 Boys | 5:00-5:45pm | Sundance | Boys | | Boys | | | \$115 |
| | 6:00-6:45pm | Sundance | Boys | | Boys | | | |
| U7 Girls | 5:00-5:45pm | Sundance | | Girls | | Girls | | |
| | 6:00-6:45pm | Sundance | | Girls | | Girls | | |
| U9 Boys | 5:00-6:00pm | Dickson | Boys | | Boys | | | \$150 |
| | 6:15-7:15pm | Dickson | Boys | | Boys | | | |
| U9 Girls | 5:00-6:00pm | Dickson | | Girls | | Girls | | |
| | 6:15-7:15pm | Dickson | | Girls | | Girls | | |
| U11 Boys | 6:00-7:00pm | Ashley Park | Boys | | Boys | | | \$150 |
| | 7:15-8:15pm | Ashley Park | Boys | | Boys | | | |
| U11 Girls | 6:00-7:00pm | Ashley Park | | Girl | | Girl | | |
| | 7:15-8:15pm | Ashley Park | | Girl | | Girl | | |
| U13 Boys | 6:30-7:30pm | Perry Field | Boys | | Boys | | | \$150 |
| | 7:30-8:30pm | | Boys | | Boys | | | |
| U13 Girls | 6:30-7:30pm | Perry Field | | Girls | | Girls | | |
| | 7:30-8:30pm | | | Girls | | Girls | | |
| U15/17 Boys | 7:30-8:30pm | Riverside | Boys | | Boys | | | \$175 |
| U15/17 Girls | 7:30-8:30pm | Riverside | | Girls | | Girls | | |